

# How To Sign up for HIGHTS Healthy Opportunities Program

This is a Health Insurance  
Benefit provided through  
an eligible Medicaid Plan  
Provider

Thanks to a new pilot program in NC, if you are a Medicaid Managed Care recipient, you may qualify for free services like a healthy food box, transportation or housing assistance, or support for a stressful family situation.

01

## Call

Call your Medicaid insurance company that manages your child's or your personal Medicaid (the number is on the back of the card at the top) and ask, "Am I or my child eligible for healthy opportunity services?"

## Wait

02

A Care Manager from your insurance company will call you back to let you know what you qualify for. Tell them you would like food box delivery and/or transportation assistance.

03

## Emphasize

Tell them you would like "HIGHTS" to provide the services.

## Plan Contacts

### AmeriHealth Caritas

855-375-8811

### United Healthcare

800-349-1855

### Healthy Blue

(Blue Cross Blue Shield)

844-594-5070

### Wellcare of NC

866-799-5318



[www.hights.org](http://www.hights.org)

For further assistance, contact:

[Corey@hights.org](mailto:Corey@hights.org)

[Haley@hights.org](mailto:Haley@hights.org)

# HELPING INSPIRE GIFTS OF HOPE, TRUST, AND SERVICE

Picture of a Food Box provided by HIGHTS



## MILEAGE REIMBURSEMENT FAQ'S

### WHAT DO HOP SERVICES COVER?

Grocery Stores and Farmer's Markets

Places of worship

Job Interview(s) and/or place of work

Services and other meetings for community support

Group Parenting Classes/ Childcare locations

Places for recreation related to health and wellness

Health and Wellness-related educational events

### WHAT DO HOP SERVICES NOT COVER?

Anything that Medicaid can pay for such as Dr. Office Visits, Pharmacy, etc.



[www.hights.org](http://www.hights.org)